



BREATHE YOURSELF HEALTHY

ALLOW YOURSELF TO BREATHE FREELY...?
ALLOW YOUR BODY TO BREATHE FREELY!


AIRNERGY+[®]
ENERGY FROM INSIDE





How we think and feel

Airnergy – knowing, doing, helping.

Quality rather than quantity.

When people still thought that the Earth was flat, this was regarded a fact. Once people discovered that it was round, this fact became a belief.

A fact is a fact until a new step shows that it was only a belief. That is the pattern of history. We all concurred with a certain opinion and then took a new step.

And this is how we were able to prove for the first time in a measurable way that the determining factor is not the quantity of oxygen (increased oxygen supply as in other previous oxygen therapies), but how it is used in the body. A step from quantity over to quality. With oxygen as the basis for regeneration. And indeed, without adding any other substance, without an increased oxygen supply, without ionization or ozone. In the form of respiratory air and in a device that is available to everyone.¹

Health Care and Prevention.

We are particularly thrilled to be doing this at a time when resources are shrinking and self responsibility is increasing: health care and prevention as a commodity that is attainable by everyone.

And so we hope that with our small revolutionary technique we are helping to make health prevention more universally available.

Making health prevention universally available.

What does that mean?

“Who can afford such a device?”, you might ask.

Apart from the fact that numerous doctors and therapists have public Airnergy spas and that there are corporate health prevention programmes, unfortunately we have to respond: Not even we can produce a car for the price of a bicycle.

But we would like to remind you of what people do in difficult times – they group together: not only in families but also in neighbourhoods and circles of friends, in sports and fitness clubs and in self-help groups.

This way we can, perhaps with your help, contribute to something which initially might sound rather utopian but is, after all, for the greater good.



A company promotes energy from inside

More than 15 years ago our researchers discovered the key to the Airnergy principle.*
Over many years our scientific experts developed the technology so that breathing Airnergy can be an everyday experience.

For prevention: Energy from inside.

Since 1994 the figures for employee absences have increased by 80 %.

This is due to functional disturbances: the immune system and nervous system must be supported, the blood vessels protected, metabolic processes and sleep optimized.

And mostly after the age of 40. If you don't take this seriously, then 10 to 20 years later you realise: "I have to change something ... drugs, operations"... and often it is too late to change something.

So-called psycho-neuro-endocrino-immunological regulation is vitally important for the prevention of functional disorders and for stopping them from becoming chronic disorders. It is this regulation that is kept in balance with the help of the Airnergy Spirovital therapy. (For further information: please refer to p. 25)

The Airnergy Spirovital therapy helps to keep this regulatory mechanism in balance.

Better aging: Energy from inside.

Advances in medical science have contributed to the fact that

people are constantly getting older. Therefore it is all the more important to enjoy the second half of one's life without any loss of health or vitality. The Airnergy Spirovital method can help to keep illnesses at bay and to minimize their duration and effects. It is because the body then needs less energy to restore itself, that more energy is left for enjoying life.

This can include: regulation of metabolism, cell production and protection, strengthening the heart, reducing wrinkles, enhancing brain metabolism. Secondary diseases and accompanying symptoms can be minimized, too. But primarily the Airnergy Spirovital therapy helps with autonomic disorders and usually after only a short period of time.

Due to its possible influences on emotional factors such as feelings of selfworth, experiencing joy and happiness² and motivation, it creates a positive basis for subsequent organic changes.

To increase performance: Energy from inside.

Sport is more or less a metaphor for our universally performance driven society. Competitive sportsmen and women are faced with an additional problem:

*Please refer to Dinah Jung's article: „Spirovitalisierung – Schlüssel zum Glück“, *natur-heilkunde journal*, 2014



**Today you will find Airnergy in the luggage of a world-famous pianist, a singer...
Airnergy is used in doctors' practices and clinics, in a manager's office,
in the living room, in beauty clinics and spas.**

Athletes in particular have found that after intensive training sessions they experience a phase of overtraining (oxidative stress) and can easily catch infections.

The reason: Competitive sport weakens the immune system leading to increased susceptibility to infections. The emotional stress sportsmen and women experience, for example prior to a competition, also affects the immune system.

Enhanced utilization of oxygen in the air is therefore crucial for maintaining health and increasing performance in all sporting activities, both competitive or recreational.

In competitive sport the Airnergy Spirovital method is of particularly beneficial effect with regard to the ability to concentrate. This especially applies in motor sport. Also in endurance sports such as marathon running and triathlons Airnergy can help to increase endurance levels and enhance and accelerate recovery.

Enhanced utilization of oxygen in the air has a holistic positive influence:

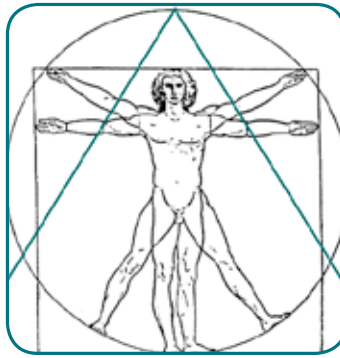
- better oxygen utilization
- improved regulation of the autonomic nervous system*
- increased energy production (ATP) in the cells
- reduced lactate production (lactic acid)
- faster recovery
- reduced exposure to free (oxygen) radicals
- stimulation of self-healing processes
- improved concentration
- up to 10 % lower resting pulse rate

not associated with any risks and side-effects —
no doping**

* ultimate control and regulatory central system in the organism

** According to the certificate as issued by the National Anti-Doping Agency (NADA) dated 18.12.2008





Active ingredient: The air we breathe

Since we cannot change the body, we change the air we breathe.*

75 % of the air we inhale is exhaled unutilized.

Without water or food a person could last for days or even weeks but without oxygen they would only last a few minutes.

Within 24 hours every human needs around 400 litres of oxygen while resting and considerably more during physical exertion.

Everyday human beings inhale and exhale for about 21.000 times, that are 7.5 million breaths every year - and therefore more than half a billion breaths within their whole lifes.

This means that human beings are relatively inefficient "air users". The oxygen in the air we breathe makes up 21 % of which the human organism can use up to $\frac{1}{4}$ only. $\frac{3}{4}$ are exhaled again unutilized – the reason why mouth-to-mouth resuscitation works.

The weaker or older a body is, the less oxygen it can utilize.

The body's ability to utilize oxygen optimally is further impaired by increasing age, illness, stress, lack of exercise, poor nutrition and environmental pollution.

And each of the 60 billion cells in the body requires oxygen to produce energy at every moment of our live. It is needed to regulate up to 1 milliard chemical reactions in the cells every second.

The weak point in the system is therefore not the supply of oxygen or its concentration but rather the body's ability to make use of the abundant supply of oxygen in its cells.

This is why it makes no sense to increase the supply of oxygen even further.

The solution: Quality rather than quantity.

It is necessary to increase the utilisation of the oxygen available for our bodies, rather than increasing the amount of oxygen supplied.

A poorly calibrated combustion engine creates a lot of harmful emissions, runs at reduced power and has a shorter service life. These problems cannot be solved by giving it more fuel.

Only optimal combustion can improve its output, reduce harmful emissions and guarantee a long service life.

An example from technology shows.

* The oxygen is not increased, ionized or supplemented with ozone.





With a technology that follows nature's example

The Airnergy technology uses one of nature's vital processes that has been existing for millions of years, e. g. during photosynthesis in green leaves.

During this process oxygen is activated in a way the body knows it.

Just as water has different properties when it is hot or cold, oxygen also has different properties.

Hot water dissolves substances such as sugar or salt crystals, quickly and in large quantities – hot water is reactive. Cold water only dissolves these substances slowly and in small quantities – cold water is unreactive.

The different properties of oxygen:

The oxygen that is present in the atmosphere is unreactive. In order to be able to utilize this oxygen for energy production, the body first of all has to convert it into its reactive state, the singlet state. However, if the body loses some of its ability to do this (cf. page 7) it needs new energy to be able to restore its functional capacity and thereby its power of selfhealing and regeneration. Airnergy helps the body in a natural way to optimize this energy for oxygen utilization in the cells.

And this is how the new respiratory air technology works:

The Airnergy device constantly converts oxygen from the air into its high-energy stage (singlet oxygen) – the physiologically active, reactive form of oxygen that the body knows.

This is done by using a patented method that technically simulates the natural processes of photosynthesis in green leaves.

Whilst still in the Airnergy device the short-lived, reactive singlet oxygen decays within a fraction of a millisecond and reverts to its basic state, thereby releasing energy that the body knows and loves.

The water molecules in the air take up this energy, which can then be inhaled with the normal air via a comfortable nasal cannula. The "Airnergy energy" brings about a measurable improvement in oxygen utilization in the organism and has a beneficial effect upon many of the body's functions. Without supplying extra oxygen or any foreign substances.





Breathe yourself healthy: Make better use of the air you breathe

The essential way in which Airnergy works is to improve oxygen utilization and self-regulation.³

Whether you are old, stressed or ill – improving oxygen utilization benefits the whole body.

The inherent ability of the body to utilize oxygen deteriorates with age, under the effects of stress or sleep disturbances, environmental pollution, many chronic diseases and mood disorders. The metabolism starts to run on “economy” and this explains why Airnergy can be beneficial for nearly all diseases and for prevention. Breathing Airnergy helps the body to once again make better use of the potential energy of the inhaled air, not only during the 20 minutes of the treatment.

Airnergy’s holistic approach.

And this is the key to Airnergy’s holistic approach: Its unique action can only be explained by the biological significance of the body’s inherent ability to use oxygen for regeneration in general.

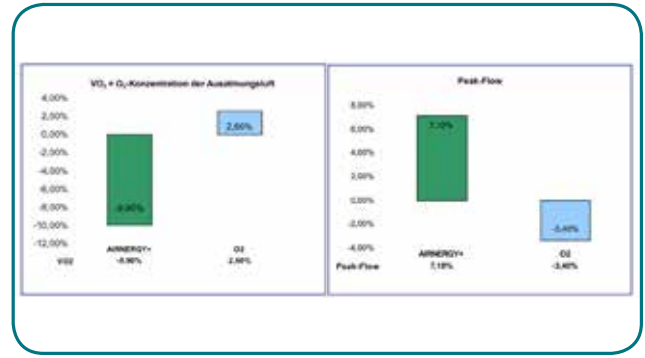
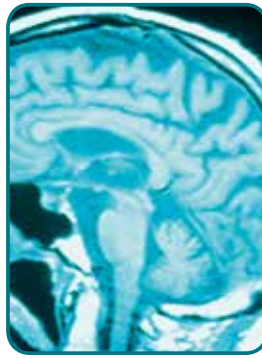
Inhaling Airnergy on a regular basis enhances this innate capacity to regenerate, strengthens the immune system, optimizes the metabolism and increases vitality and joie-de-vivre.

This technological innovation has a beneficial effect upon the whole organism.

Possible applications of Airnergy:

Acute and chronic pain, age-related diseases (e. g. Alzheimer), allergies, bronchitis, burnout, cardio-vascular diseases, circulatory problems, chronic fatigue, chronic fibromyalgia, chronic sinusitis, COPD, diabetes mellitus, exhaustion, hepatic metabolic disorders, high bloodpressure, high cholesterol, hormonal imbalances, jet lag, lack of concentration, macular degeneration (AMD), multiple chemical syndrome (MCS), Parkinson’s disease, rheumatic disorders, sleep apnoea, sleeping disorders, skin diseases, tinnitus, visual disturbances, etc.^{4,5,6}





The effects are measurable

Often Airnergy users can subjectively feel the beneficial effects even after a short time.
But the effects are also proven objectively by a whole series of study results.

The effect: the less oxygen that is exhaled, the more is used in the body.

In a trial, healthy volunteers inhaled respiratory air that had been processed using the Airnergy technology, for 20 minutes. The researchers were able to identify (clearly) significant improvements:

- significant reduction in the amount of oxygen in the exhaled air
- significant improvement in the exhalation capacity of the volunteers (peak flow)
- significant reduction in breathing and pulse rate

These are clear indications of improved oxygen utilization. However, these same volunteers did not benefit from a treatment with concentrated oxygen carried out under the same conditions¹ (cf. also p. 15).

In several other studies the researchers looked at the use of Airnergy for sleep apnoea. This showed that around 82 % of patients experience a significant improvement in their general state of health and in their particular condition.⁷

The effect upon the autonomic nervous system is proven.

In order to demonstrate the effect of Airnergy upon the autonomic nervous system, another study group worked with the parameter of heart rate variability (HRV). Cardiac activity is directly linked to the autonomic nervous system.

By measuring the variability of the intervals between heartbeats (HRV), one obtains values to indicate the regulating capacity of the autonomic nervous system.⁸

The researchers' opinion: "Airnergy results in an objectively measurable improvement in the energy balance in the organism.⁹ This is because the supply of energy to the cells is directly optimized by the rapid formation of free energy valences so that cellular activity (regeneration or renewal) is also directly stimulated."¹⁰

Further medical trials have been carried out.

Our scientific studies are summarised in the "Handbuch der Somatovitaltherapie. Teil 1: Wissenschaftliche Grundlagen" and "Teil 2: Studien und Praxiserfahrungen", which can be obtained at any bookstore or directly from Airnergy (ISBN: cf. p. 35).





Comparison: Airnergy Spirovital therapy versus oxygen therapy

The following comparison relates to use in the prevention and treatment of chronic diseases.

Airnergy Spirovital therapy	Oxygen therapy
Breathing air with a natural oxygen content of 21 %	Administration of concentrated oxygen up to 100 % via respiration or i. m. injection.
+ Increase in long-term energy production = ATP*	+ Increase in short-term energy production = ATP*
+ Increase in cellular oxygen utilization	⚠ Breaks through the natural oxygen threshold (natural barrier against O ₂ -radical formation)
+ Enhanced cellular protection from the harmful effects of increased free radical formation by increasing the antioxidative capacity of intra and extracellular DNA** protection	⚠ Increase in oxidative stress, increased production of free radicals, especially intracellularly, can lead to DNA** damage

* ATP = adenosine triphosphate is the universal form of directly available energy in each cell and is at the same time an important regulator of energy supply processes.

** DNA = deoxyribonucleic acid is a biomolecule that is present in all living things and the carrier of genetic information.

In emergency and intensive medicine the administration of oxygen is of course important for maintaining or saving life. In this case the side effects of increased O₂-supply must be tolerated.





Ottmar Hitzfeld, football trainer



Practice Dr. Duque, Colombia

You can feel the effects ...

At the Airnergy headquarters we receive letters nearly every day from enthusiastic users who would no longer be without their Airnergy treatments and who sometimes describe impressive improvements in their wellbeing and state of health.

Patients, doctors, competitive sportsmen, trainers, company directors, public figures.

These include patients who are using energy for chronic diseases; doctors, who are successfully offering inhalation therapy in their practices; competitive sportsmen who have been able to enhance their performance using this technology; trainers who supplement their training programme with this treatment; company directors who use Airnergy to increase the output and well-being of their staff.

“For several years now Airnergy has been part of my daily routine – like cleaning my teeth and having a shower [...] Airnergy has the paradoxical effect of energizing and calming at the same time. [...] It is a really exciting and invigorating device that I would no longer be without. I am a self-confessed Airnergy addict.”

Herbert Grönemeyer, German music producer, singer and actor

“This new basic therapy [...] is gaining increasing recognition – even in conventional medical circles – as a supplementary treatment, for pre-and post treatment, to offset adverse sideeffects of interventions and above all to support conventional methods.”

Univ. Prof. Dr. med. Klaus Jung, Doctor of Internal Medicine, Sports Medicine Naturopathy, Gleiszellen-Gleishorbach

“My experiences with this therapy have all been positive. Again and again patients report that they feel better and stronger after a course of Airnergy treatments. I have many patients who have been having regular treatments once or twice a week for up to 20 treatments for many years now and who swear by the therapy.”

Dr. med. Roger Eisen, Specialist in Internal Medicine, General Medicine, Naturopathy, Sports Medicine, Bad Griesbach

“We would no longer do without the energy method because of the many good experiences with it” ¹¹ [...] “It has significantly improved sleep disorders and brought about improvements in motivation and concentration. General well-being means that they can relax more quickly. There has been a marked increase in fitness.”¹²

Ottmar Hitzfeld, record-breaking football trainer

„Since March 2015 I have prescribed 12,000 Spirovitalisations. Our practice in Popayán (Columbia) has been specialising in integrative medicine for 40 years. [...] today, I cannot imagine to run a practice that offers holistic treatments without Spirovitalisation anymore. Airnergy is just right for a basic treatment of nearly any medical condition.” Dr. Jorge Alberto Duque, Columbia





Basis Plus



Professional Plus



Avant Garde „cristal“



Travel Plus „silver“

The Airnergy breathing devices

All Airnergy devices are convenient, light to transport and easy to care for. They are supplied with the necessary accessories and an easy-to-understand user manual.

There are several designs of Airnergy devices, which differ in their performance and appearance:

Basis Plus (2 Airnergy catalysts), **Professional Plus**, **Travel Plus** und **Avant Garde** (4 Airnergy catalysts).

„The treatment with a 4-catalyst device just like the „Professional Plus“ is just perfect. Since Airnergy’s foundation in 2000, even 10-catalyst devices were made for research, development and study purposes. **Based on countless treatments we know: It is quality that counts, rather than potency and quantity.**“

All four models are suitable for health prevention in younger and healthy people.

The higher the output of the Airnergy device, the quicker and more intensive the effect.

For chronic diseases, mood disorders or improving performance (for sportsmen, for corporate health prevention programmes etc.), we recommend the Professional Plus, Travel Plus or Avant Garde models. This also applies to commercial uses.

The Professional Plus model.

For chronic diseases, e. g. degenerative eye diseases, cardiovascular diseases, lung diseases (e. g. COPD, diabetes, Parkinson’s) the Professional Plus should be used or a device with four catalysts,

because these models are designed to provide the energy required for accelerated regeneration and cellular protection as quickly and effectively as possible.

The Professional Plus is the model that customers most frequently request. Financing options, such as leasing or renting, are available.

For more information and sample calculations please refer to the Airnergy data sheets. Or call us: +49 (0) 2242 9330-0.

Special editions, e. g. based on your corporate design will be made upon request.

Your own Airnergy device?

... That might seem like an unaccustomed idea – a large sum of money – even if you consider how much the health service costs will continue to increase that it is possible to lease the device. At the same time, however more than one person can use it. It can be used for your partner’s general well-being, for your son’s burnout or for your grandchild’s allergies.

Therefore, it can be used by your immediate social surroundings at low running costs.





Airnergy Avant Garde

Awarded with: IPO Science Award, Health Media Award, Five Star Diamond „Green“ Award, Expansion Technologie & Innovation Award, Innovation Award of the Century (1912–2012), Senses Wellness Award, European Health & Spa Award

A feast for your eyes.

Often customers and interested people would ask us whether they could see the inner workings of an Airnergy device. They also said that they would be much more inclined to use Airnergy more often at home or in the office, if the traditional design looked a bit less “medical”. Later on a few commercial customers told us the same thing. Their premises are more modern and design-oriented and so they could not decide whether to buy Airnergy because somehow your eyes are also part of the process.

And so in 2010 we produced our first “glass” device. A prototype that offers a view inside the filigree Airnergy technology and has a slightly futuristic look. The result: Visitors who saw the prototype wanted to buy it and then asked us if we could also make it in different colours and materials.

Since then we have produced many individual variations based on the Airnergy design and delivered them to various countries. For example the top and bottom part of the housing can also be made from different types of granite, marble or hardwood. The round crown can either be lacquered, veneered or even gilded (cf. photographs).

For one customer from the Middle East 4,400 fabulous Swarovski crystals were individually applied by hand.

The operating components and the stainless steel shock-absorbing feet can also be surface treated.

In 2010 the Avant Garde “cristal” model won an award for “Best technical product innovation”. But also the “blanc” and “noir” models belong to the standard range.

A delivery time of around 6 weeks must be allowed for customized models.

However, we are particularly pleased about the 1912–2012 Century Award from the specialist health and fitness magazine “Fitness Tribune”. This is an innovation prize that honours the Airnergy method, in particular as the most holistic source of regeneration of the last 100 years.

Because, for the first time, it is possible not only to bring about harmonisation within the cells but also regulation of the tissue outside the cells. Thus improved production of energy (ATP) throughout the body, ubiquitously (Latin = everywhere), allows for both preventative and also curative treatment – a method that can be universally and holistically applied, either as a basic therapy or to support and accompany clinical concepts or conventional medical interventions.





Spirovitalisation: How to use

**Energy devices are simple to use and user-friendly.
Easy-to-understand operating instructions explain how to prepare
Airnergy for use in a few simple steps.**

**As a rule the Airnergy breathing device is used to support the healing process.
It is no substitute for visiting your doctor.**

Simple to operate and look after.

The Airnergy breathing devices are simple to operate. Nevertheless, they come with detailed operating instructions. The device does not require any special care. There are no follow-on costs except for regularly changing the reasonably-priced air filter after 50 hours of operation.

Treatment time.

Treatment time varies between 15 and 40 minutes depending upon the model and the physical constitution of the user. A longer treatment time, e. g. with the Basis Plus device, cannot compensate for the output of the more powerful devices.

First Service Check:

Only required after 6,000 treatments.

The first service check is required after 2,000 hours of operation. For example this means:

- For the Airnergy Professional Plus: 1. service check required after 6,000 x 20-minute treatments.
- For the Airnergy Basis Plus: 1. service check required after 3,000 x 40-minute treatments.

Information on the Internet.

You will find important information, descriptions, videos, suggestions and news about Airnergy on the company's website: **www.airnergy.com**

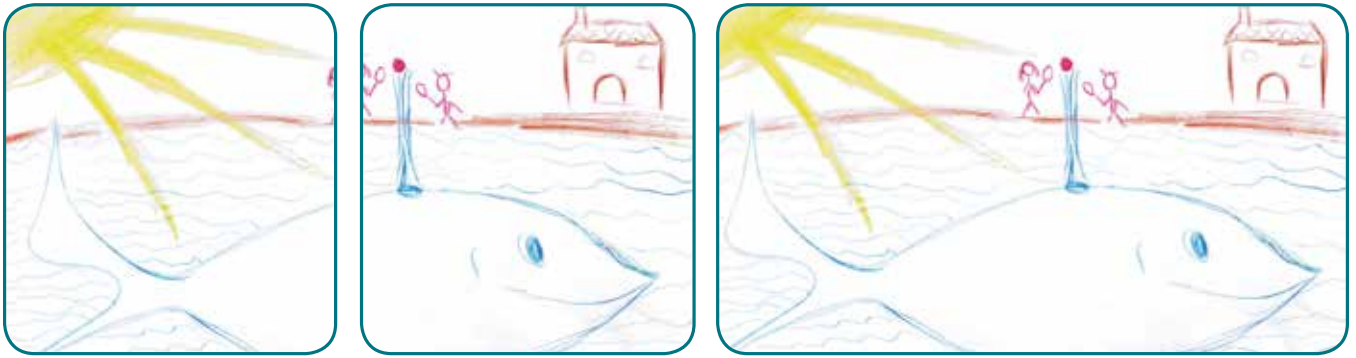
Service Number:

+49 (0) 2242 9330-0

For further advice, please feel free to contact us.



Friedrich von Schiller



Airnergy – knowing, doing, helping

Why natural healing?

Why the Airnergy Spirovital method?

“How are you?” “Oh,... not well... not well...”

“But apart from that?” “Good!”

It has now been proven that, absurd as it is, how we think determines our reality. An example: At Schiller's autopsy the doctors were amazed that, in view of all his organic defects, he had not died long ago.

Today we understand better. The knowledge about the cause of life and death changes like the causes themselves. Bacteria were discovered and then penicillin to fight them. Thanks to immunology the age of the bacterium is now behind us. We are able to fight or even conquer things that come from outside, where the cause is evident. From a pathological point of view, the 21st century is more neuronal... what is inside, is hardly measurable and forms the background of everything, the culture medium for everything.

In medical terms we can only conceive it as a whole: psycho-neuro-endocrino-immunological regulation.

And there it is one's nature in particular that helps. In other words – Schiller was happy and so he continued to live “despite everything”.

Today more than 50 % of all illnesses and deaths are chronic or degenerative.

The majority of these increasing civilization diseases is related to

complex control systems. They affect not only the individual cell but also the milieu between the cells and these have to be regulated. In many cases this is difficult for conventional medicine.

It is the individual reaction of a chronically sick person, his/her control variability or rigidity, that determines the course of his/her illness. Here the main actors are the unconscious autonomic nervous system, the endocrine system, the immune system and the human psyche.

Without treating this systemic network, self-healing is often impossible – the main reason for people seeking out a natural healing modality such as the Airnergy method, with the air as a healing ingredient. The so called Spirovital therapy (Latin: respirare = to breathe, vita = life) is a technological innovation to revitalize all cells via breathing. Do not forget that breathing is not just to do with the lungs, but even concerns the cells and tissue around the big toenail. That applies to all cells, whether in organs, bones, glands or fluids. This means that the Airnergy method is particularly suitable to remedy organic diseases and also functional disorders. In both cases it creates the conditions required for self-healing.

* The clinical evidence, that Airnergy has an influence on the regulation on the vegetative nervous system made it possible for the Airnergy technology to become an approved medical product in 2010.





Our partners: Who is working where with Airnergy? ...

The Airnergy company takes part in many collaborative ventures and promotional programmes to make the technology available to a wide public.

Airnergy Spirovital therapy. Where?

Today, there are many Airnergy energy treatment centres in different areas. In Germany e. g. the Eden clinic run by Klaus Eder in Oberstaufen, one of the medics of the national football team, or the private surgery of Dr. König & Colleagues in Baden Baden, the medical doctor's surgery of Dr. med. Roger Eisen in Bad Griesbach and the naturopathic surgery of non-medical practitioner Roland Tennie in Essen, the centres for metabolic processes Well-Zell in Türkheim, Ingolstadt and Unterhaching or at the first organic bistro and kiosk in Eitorf.

You will find the addresses of more than 1,000 energy stations in Germany by searching the providers on our website:

www.airnergy.com

Airnergy for general prevention..

Frequent drivers and flyers can benefit from the energy technology as can stressed managers. Various large companies are installing Airnergy for corporate health prevention, for employees as well as the senior management.

Enhanced safety on the roads and in motorsports.

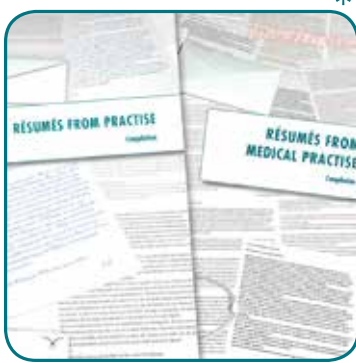
As a health and safety partner Airnergy is committed where it matters: Due to its effects upon physical performance and recovery, Airnergy can help to improve concentration and thereby contribute to safety on the roads and also in motor sports. And what applies to racing drivers also applies to lorry and frequent drivers.

Wellness Area in Burj al Arab.

One of the first Airnergy hotels in the world: The Burj al Arab (the World's first seven star hotel), supports the health and well-being of its guests with Airnergy Spirovital therapy.

Airnergy is also to be found in numerous clinics, doctors' practices, natural health centres, wellness and beauty clinics and sporting associations. But above all there is a growing number of private users, who have their own device at home or in the office.





FAQs about Airnergy

These same questions are asked about Airnergy time and time again. Here are the answers.

Question: How is Airnergy used?

Answer: Depending upon the type of device and physical fitness, each treatment consists of breathing for 20 to 40 mins through a lightweight nasal cannula – relaxing in a seated or lying position, at a desk, whilst watching television, during fitness exercises or other activities.

Question: What are the risks and side-effects of breathing Airnergy?

Answer: When you breathe Airnergy you are inhaling air in its natural composition. You are not given highly concentrated amounts of oxygen or ozone or any foreign substances. That means: Airnergy breathing totally stimulates natural healing and regeneration processes in the body.⁴

Question: Does the Airnergy technology ionize oxygen or produce ozone?

Answer: No.

Question: How quickly do you feel the effects?

Answer: The subjective perception of the effects varies from person to person, depending upon individual health status and sensitivity. Objectively it is possible to measure the effects in each person after only one treatment.⁹

Question: Can you use Airnergy every day?

Answer: Yes. Environmental toxins, stress and unhealthy lifestyle place a burden on the body every day. It is therefore very helpful to support the body on a daily basis to deal with these stressors.

Question: Does 1 hour of breathing with the Basis Plus device achieve the same as 20 mins with the Professional Plus?

Answer: No. The difference in output cannot be completely offset by longer usage.

The treatment with a 4-catalyst device just as the „Professional Plus“ is just perfect. Since Airnergy's foundation in 2000, even 10-catalyst devices were made for research, development and study purposes. Based on countless treatments we know: It is quality that counts, rather than potency and quantity.

Question: How can I use the aroma set?

Answer: The Spirovitalisation can be combined with a treatment with essential oils, as they have an additional positive influence on the effects.

Question: Is there such a thing as habituation?

Answer: Yes, you get used to breathing Airnergy just like you get used to regular exercise or healthy eating.

Question: Can Airnergy be combined with other procedures?

Answer: Yes. With nearly all naturopathic and conventional medical applications.

Question: What are the operating costs after buying one's own Airnergy device?

Answer: The operating costs are limited to minimal costs for water and electricity. The air and bacterial filter has to be changed after every 50 hours of operation.

* Résumés from Practise (patients' testimonials), Résumés from Medical Practise (therapists' testimonials) - can be requested free of charge



Dermovitalization: Airnergy Stream – an alternative to surgery ... ?

An invalid knee is not an invalid knee, no invalid knee, no ...

There is no invalid knee.

What renders a knee inoperative, apart from an injury, is the metabolism sustaining it. Maybe the diet is not beneficial, or the body cannot (or no longer) utilise it.

To operate on a knee is similar to uprooting a plant lacking water because the soil can no longer nourish it due to contamination by phosphorous rain water. The system as a whole is responsible. Yet, Germany is world champion in knee and back surgeries. To remedy this, the body's systems must be properly and adequately fed so that the knee can regenerate and heal itself.

As we learned as a child when we fell on a knee: "Allow the wound to breathe!" Take Airnergy for example: the activated oxygen in the ambient air takes effect from within the compact (8 cm in diameter) Airnergy Stream: locally and globally, in depth and throughout the entire body. How does that work?

The body needs oxygen but for selfhealing it must entice it, enhance it and offer it new partners. When?

As with the Airnergy breathing device, the Airnergy Stream can act on subjectively perceived, functional disorders as well as organic diseases or chronic degenerative ("wear and tear") conditions. In the case of the latter, it is particularly helpful for treating acute

pain episodes. In all the above cases the body's self regulation is disrupted. The transport of oxygen in the blood from the lungs to the cells and back is inadequate, the immune system weakened. Especially if the person is old, under stress, ill, overloaded or subject to harmful environmental impacts.

Entice. How?

The Airnergy Stream energy can act topically, subcutaneously, under the skin. There it stimulates the release of oxygen molecules from the red blood corpuscles. This enables the molecules to release oxygen into the nearby tissue and surrounding vessels. The quantity of oxygen is increased.

Enhance. How?

The increased release of oxygen enhances the oxygen supply to the mitochondria, the power stations of the cells. The Airnergy Stream effect via biophotons results in improved cellular respiration. This is the prerequisite for making available the most important energy supplier in the metabolic process: ATP (adenosine triphosphate), the energetic currency of our bodies. One step from the quantity of oxygen to the quality of oxygen.



Stream HS white
Article-no. 3050055



Stream HS black
Article-no. 3050055



Stream silver
Article-no. 3010055



Stream black
Article-no. 3010055

Reduce free radicals via new partnerships. How?

Free radicals are very important in the metabolic process for defending against threats, such as microbes or toxins. However, in certain situations, such as during periods of illness, stress or as we get older, they are produced in excess and this leads to cellular damage – especially in the vascular walls, in connective tissue and the epidermis. Free radicals comprise an a "+" charged and a "-" charged electron pair.

Due to the transcellular effect of the Airnergy principle, their over-production is inhibited by binding them to their naturally opposite molecule. This new pairing renders them harmless and restores the oxidative balance.

Applications for Dermovital therapy:

- All types of joint problems
- Headaches and migraines
- Otitis media and other ear problems
- Sinus problems
- Tooth and jaw pain
- Bruises
- Sprains
- Contusions
- Pulled muscles
- Burns
- Skin conditions
- Coughs
- Breast pain*
- Menstrual problems and much more

** See also: Study translation "Dermovital Therapy in Mastodynia Treatment", Dr. med. Bernhard G. Welker, OM & Ernährung, Oct. 2014 Nr. 140

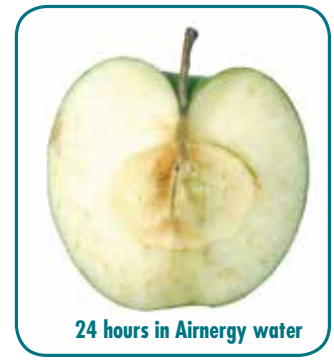


Stream HS transport cases



Further information: www.airnergy.com





Regenerating and being healthy

The health and functional capacity of human beings is directly related to their body's own ability to utilize the oxygen in the air they breathe.

An apple that has been cut open: After a few minutes the contact with oxygen causes it to turn brown — to rust so to speak. In a similar way damage occurs in the cells of our bodies at every moment of our lives.

You can read on pages 7 and 9 how Airnergy supports the body's innate protection against this by improving oxygen utilization at cellular level.

Curiosity keeps you young

We hope that you will have the confidence to try out something that your body has always known.

The forces of nature are amazing but it is easy to forget until you re-experience them.

We hope that you are now curious and would like to know more about what Airnergy can do for you.

Simply call us — on +49 (0)2242 9330-0.

Or visit our website: www.airnergy.com

We look forward to your visit and wish you happy breathing!



Santé





Tested and certified

The Airnergy „Medical Plus“ model is DIN EN ISO 13485 certified. Furthermore Airnergy has been certified according to the quality management standards DIN EN ISO 9001:2008 and the environmental standard DIN EN ISO 14001 (Ökozert). In addition to that Airnergy is an International Prevention Organisation e. V. (IPO) member.

Literature

- **Handbuch der Somatovitaltherapie, Teil I: Wissenschaftliche Grundlagen** (ISBN-13: 978-3-95645-062-4)
- **Handbuch der Somatovitaltherapie, Teil II: Studien und Praxiserfahrungen** (ISBN-13: 978-3-95645-353-3)
- **List of specialist literature,**
(Can be requested free of charge)

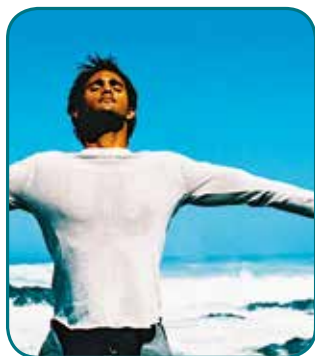
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Awards

- 2014: IPO Science Award**
Health Media Award
Five Star Diamond „Green“ Award
- 2013: Expansion Technology & Innovation Award**
- 2012: Innovation Award of the Century 1912–2012**
Senses Wellness Award
- 2010: European Health & Spa Award**

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